

Triangles

Relationship Games and Story Structure

New Life

Hopeless

Useless

Helpless

Domination

Ignorant (Arrogant) Tyrant

Martyr

Needy (Powerless)

Abuse

Persecutor (Abuser)

Rescuer

Victim

Addiction

Provoker

Enabler

Addict

The top three are the inevitable requirements, concomitants *and* resultants of the New Life with Meher Baba (see Chapter 19, The New Life, at www.LordMeher.org). But they are resisted and rejected in favor of our dysfunctional, mayavic relationships with each other and God, relationships marked by domination of our entire environment, abuse of everyone and everything in that environment, and all around addiction to illusion. To see it and to get over it, we best know how to create it, since that is what we are unconsciously doing.

Make it. For the inner projected onto outer drama: Choose a theme and pick a protagonist, make one of the other two an antagonist, and bring in the third as a false friend or foe. But all are aspects of the Programmed Parent, Contaminated Adult, and Wounded Child (in order from top to bottom) or you could say they are all mayavic actors, mediators and reactors (same order, top to bottom). And really the protagonist is always an “Adult” contaminated one way or the other (by a “Parent” or “Child”), or situationally but not simultaneously both ways.

Now break it. Know thy false self and stop the drama: reduce the inner and outer triangles back to the top set by persistently asking the necessary questions until the spiritual root is reached. Our powerless, addicted victim child is indeed helpless in itself; our arrogant, abusive and provoking parent is indeed hopeless in its behavior; and our rescuing, enabling martyr adult is repeatedly and ultimately useless in all ways. Experience this, then stop getting caught up with the world and entangled with other people; and begin the only Real Relationship—the one with God.

And enter the New Life for real, where you rely solely and wholly on God and are as helpless as an innocent child; where you let go of your idealistic and paternalistic hopes because they just hold on to a separate self wanting other than what you have, wanting other than what God has given you; and where you stop struggling and resisting because all your most mature adult ego efforts are futile, totally and completely useless given God’s will and whims.

Of course, the idea that you can do this, as in accomplish it under your own efforts, is false, as it must be. However, your efforts and your experience of your efforts can be part of your story as written by God and recognized by you. See New Life Issues under 7 x 7 Energy Centers and the Path at the end of [Evolutionary Forms](#).

Now, for more of these efforts ...

Two Heads Banging (each one having all the below)

Non-dominant eye: the inner, hidden self of core conclusions is vulnerable and causes a defensive dissociation with accompanying repression.

Dominant eye: the inner, hidden self of core conclusions adapts with an outer, presented self of core compensations via addictive association and accompanying repression.

Ajna: the inner, hidden self of core conclusions drives the internal process between the two eyes, the coming together of compensations and defenses for surviving in the inner and outer worlds.

The (addicted/desperate) Personality (then constrained/enraged Inner Being then fearful/threatened Higher Self) through Ajna drives the drama of Love/Hate x Identify/Vilify (which allows you to Love and Identify or Love to Vilify; Hate and Vilify or Hate to Identify) through all the Actor/Mediator/Reactor versions. By resonance and deep cause (deep cause overriding the resonance of Higher Self with Body (or secondarily Intellect) and Inner Being with emotions):

I	II	III
Defenses	Core Conclusions	Core Compensations
Dissociation	Dramatization	Association
Trauma/Abuse	Power Struggle	Addiction
Ego/Will	Heart-mind	Body-mind
Traumatized psyches	Trapped hearts	Addicted Personalities
	Intellect—Domination/Submission = 2	
	Emotions—Abuse = 1	
	Body Sensations—Addiction = 3	

And for the overall resonance structure: (See also *Spheres and Subspheres* in [Behind the Incarnating Soul](#))

Incarnating Soul = 1 = Trauma (birth and separation from God); subspheres 1-3.

Egoic Matrix = 2 = Domination/Submission Power Struggle (intermediary role between the Incarnating Soul and its vehicles; the real power struggle can be defined as “surrender to the Soul or be seduced by Maya”); subsphere 4.

Vehicles/bodies = 3 = Addiction (to Illusion); subspheres 5-7.

All Trauma begets hopelessness; Power Struggle, uselessness; and Addiction, helplessness

Hopeless = 1		Hopeless = 1	
Useless = 2	Hopeless = 1	Useless = 2	Helpless = 3
		Useless = 2	
Helpless = 3		Hopeless = 1	
		Helpless = 3	

Symmetry breaking resonances:

As above but even more so within the general Astral/Gross triplicities, the correspondences don't hold throughout, i.e., there is not a way to make the threes line up for all correspondences by my read of the current situation. Note the IS and HS both being 1 denotes a resonant connection; and the IB and Egoic Matrix both being 2 hints at the IB really being the preferred representative of that Egoic Matrix and its preferred main contact with the IS, associated with IB below by central position though not by number. Another way to say it is that the IB being a 2 takes the main resonant charge of the Egoic Matrix as a whole, which is also a 2, and then resonates with the IS, which it represents in the Egoic Matrix itself.

Incarnating Soul = 1

HS = 1 (Egoic Matrix = 2) IB = 2 (Incarnating Soul = 1) OP = 3 (body vehicles = 3)

Mental = 1/3 (Incarnating Soul = 1; OP = 3)

Astral = 2 (Egoic Matrix = 2; IB = 2)

Vital = 3/1 (body vehicles = 3; HS = 1)

This allows and aids in the integration of all the tri-parts by coming to terms with the resonances wherever one starts = mental, astral or vital orientation. And this gives some insight into persons on different paths who don't understand one another.

Various Paths of Connection and Integration:

Mental: IS; IS in Egoic Matrix = IB to IS or to Astral (see Astral, esp. Astral to IB to IS); OP to body vehicles to Vital (see Vital, esp. HS to Egoic Matrix to Astral); note the great integration of Mental via direct connection to IS, then OP to body vehicles to Vital to HS to IS via 1 resonance, then the IB awakening directly from Mental IS resonance and HS Egoic Matrix 2 resonance and the drawing in finally of the Astral via HS Egoic Matrix and IB. Now all connections can go together to IS = Mental, IB and HS (via 1 resonance) directly; OP via Mental and Egoic Matrix; Astral via HS (through Egoic Matrix) and IB (directly and through Egoic Matrix 2 resonance); and Vital via body vehicles to OP to Mental (or as part of Egoic Matrix) as well as via HS.

Astral: IB to IS; Egoic Matrix [to IB via 2 resonance to IS or] to HS [to IS via 1 resonance or via same 1 resonance] to Vital (see Vital, esp. body vehicles to OP to Mental); note the great integration of Astral via IB to IS then Egoic Matrix to HS to IS via 1 resonance or to Vital then via body vehicles to OP to Mental to IS. IB collects from Mental via IS resonance, from Astral directly via IB resonance and also from the Astral Egoic Matrix resonance (the 2 resonance), and from HS via Egoic Matrix 2 resonance. OP comes to IB through the Mental, and Vital comes to IB through HS as well as body vehicles to OP to Mental. Then IB can go to IS along with the direct Mental connection and HS resonant 1 connection.

Vital: HS [to IS via 1 resonance or] to Egoic Matrix [to IB via 2 resonance to IS or via same 2 resonance] to Astral (see Astral, esp. IB to IS); body vehicles to OP to Mental (see Mental). The great Vital integration is HS to IS via 1 resonance; then body vehicles to OP to Mental to IS; then IB activation from HS Egoic Matrix 2 resonance and from Mental via IS resonance; the Astral comes in via HS Egoic Matrix and IB and can go to IS via these (HS and IB).

Even though there are paths to IS that circumvent dealing with all the tri-parts, these are just special connections (possible but not guaranteed) and one must integrate all the tri-parts (by all necessary paths per one's orientation and karma, which eventually means all the paths above) as a conscious and witnessing IS to be free and ready for the spiritual path proper, and to understand others.

Other points of the above organization: OP integrates and resonates with all the body vehicles but being in a third position in the Egoic Matrix, it pulls specifically on the Mental and Vital (first and third positions); OP really goes to IS via its connections in the Egoic Matrix, more with IB taking the Egoic Matrix to IS but also with the first/third position connection of HS with OP within the Egoic Matrix and the Egoic Matrix connection with HS and the HS 1 resonance with IS. IB pulls together the Astral (directly) and the Mental (via IS resonance) and brings the IS to both and both to the IS as well as taking the entire Egoic Matrix to IS via its middle position connection. HS brings the Astral (via Egoic Matrix) and the Vital (via 1 resonance) into connection with each other and IS (via 1 resonance), and it takes all the vehicles via the Vital into synthesis and Soul control (1 resonance) as well as taking the entire Egoic Matrix to IS (via its 1 resonance).

The paths and integrations that go to IS without any Astral or IB involvement are more of a potential problem than a preferred path as the all important middle position must be active to balance out the extremes of the endpoints. Specifically, Mental to IS is a gift and really needs and means prior integration of the vehicles via OP (or the OP resonance will take the Mental to OP and then the other vehicles, esp. the Vital, while the IS resonance will vibrate IB, which brings in the Astral, and the 1 resonance with IS itself will vibrate HS, which also brings in the Vital). Vital to HS to IS ain't gonna happen without some IB in there from the Egoic Matrix 2 resonance, which necessitates Astral involvement; and the body vehicle vibration of the Vital will stir the Mental and Astral as well as activate the OP while the 1 resonance of HS will also move the Mental.

By karmic resonance (see [Collective Karma and the Constellations](#)), domination by Parent figures (constraining our very Vital energies) and the continued abuse of the (inner) Child (twisting and perverting our Astral feelings and relating) leads to addicted Adults (with distorted Mental processes):

Taurus Domination:	Parent	Vital	HS	body vehicles	helplessness
Aries Abuse:	Child	Astral	IB	IS	hopelessness
Pisces Addiction:	Adult	Mental	OP	Egoic Matrix	uselessness

(All the columns are associated directly with the astrological sign themes.)

However, by psychological role resonance and physiological effect (referring to emotional abuse, mental control and physiological addiction):

Parent:	Abuser	Astral	HS	IS	hopelessness
Adult:	Controller	Mental	OP	Egoic Matrix	uselessness
Child:	Addicted	Vital	IB	body vehicles	helplessness

(All the columns are associated directly with the Parent, Adult, Child roles.)

But alas, it is not about any of this head banging, body slamming emotional mess making; it is not about the way we pair off and square off in the worlds of illusion.

We are all addicted to illusion, traumatized by coming into the Creation and powerless before God's Will and Whim. And this plays out in the human condition (See again Collective Karma and the Constellations). But, again, it's not about this. As always, it is about finding our way to Love through love without favorites and fantasies, exceptions or exclusions.

The Spectrum of Love from Devotion

See Meher Baba's [Discourses](#) and *The Silent Teachings of Meher Baba* by Ramjoo Abdulla, from [The Awakener Magazine Vol. 15, Nos. 1 and 2](#) (1954-55), which is a reprint of The Philosophy and Teachings of Shri Meher Baba originally published in 1933. Many of the words on this page are taken directly from these works but then added to, rearranged and even rendered. To know what Meher Baba actually said, go to the sources.

Divine Love Surrenderance

Obedience

Love (and Devotion)

Aspiration

Aspiration when sincere eventually brings you to the Beloved.

Devotion wants to do what the Beloved wants and seeks union for itself.

Obedience performs the will of the Beloved and seeks His pleasure.

Surrenderance is resigned to the will of the Beloved and seeks nothing.

Love is a gift from God to Man (Divine Love igniting Aspiration then fanning Devotion);

Obedience is a gift from Master to Man (the opportunity);

And Surrenderance is a gift from man to Master (God).

Love for the God within your fellow humans is how to deal with karma;

Obedience to (the Avatar as) the Perfect Master is the real duty of true dharma;

And Surrenderance to God (through the Avatar or a Perfect Master) takes you to your destiny.

(Divine) Love is from/through the Holy Spirit;

Obedience is to the Son (Perfect Master in Son state), which you see as your own Shiv-to-be;

And Surrenderance is to the Father.

The Avatar is Father, Son and Holy Spirit in One.

Human Love

Selfless

Selfish

Greedy

Selfless is ultimately still tinged with the pleasure one derives from it.

Selfish includes the usual devotion to the objects of one's desire but comes from Mental levels of ideals and can be (relatively) independent of objects.

Greedy depends on objects to fulfill desires.

Animal Love is Carnal and is also in human love. It is instinctual in animals and in humans extends to all satisfaction of body senses. But it can still be there as a driving force, along with Greed, in lust for things like power or aesthetic "addictions."

Vegetable Love is in tropisms for the sun, water and nutrients in the soil.

Mineral Love is in the laws of attraction, with magnetism a prominent example. Repulsion is just negative love (what you don't want).

The Gift of God to Man

Divine Love = Love for God

Transcendent:	God in Beyond
Immanent:	God in Creation (love for humanity, and all Creation)

Love for Ishwar as Creator/Preserver/Destroyer (and all the rest) is either really love for God in Beyond or God within all and resolves into such at which point Ishwar hands you over to Paramatma or the Sadguru (as God within is fully realized in a Sadguru).

If one of these loves for God Immanent or Transcendent doesn't clearly predominate, if you keep trying to experience both or bring both together, you must eventually be led to a Perfect Master or Avatar = God in Human Form (Avatar in male form, Perfect Masters in male or female form) = both God in Creation and Beyond it (Parameshwar on His/Her right side and Ishwar on Her/His left, Himself/Herself in the middle).

Perfect Example: St. Francis—love for Jesus, God the Father, all humans (esp. the downtrodden and distressed, e.g., poor, infirm ...) and all creatures and all in Creation (the Canticle and Brother Sun, Sister Moon, Brother Fire, Sister Water ...). He is the Perfect Exception, having no Master in the body, following the “wrong” Avatar (Jesus after Muhammad was here) and being in the west of all places, and not making a choice between God Immanent or Transcendent. Well, “if you have that love for Me that St. Francis had for Jesus, then not only will you realize Me, but you will please Me.” * St. Francis realized God and became a Perfect Master (after receiving the stigmata) via the divine exception to the rule of having an embodied Perfect Master or Avatar—the office of Khwaja Khizr. **

Divine Joke: Buddha—God as Divine, Enlightened, Compassionate within Humanity and all Creation (Love for humanity and all Creation). The Enlightened state (union with God Beyond) is granted via the Avatar = Buddha even though God in the Beyond and the Avatar are denied! Except of course, Buddha tells us all this in His last sutra.***

* The twelfth way of The Twelve Ways of Realizing Me, see Messages under Meher Baba tab at www.ambppct.org.

** See Lord Meher, revised online edition, p. 4025; www.lordmeher.org, accessed 29 July 2016.

*** See The Lotus of Surrender at <http://www.mehergutta.com/the-lotus/>, accessed 29 July 2016.

Love and Violence

(See Discourses: some additions, structural ordering and commentary are here.)

7	God Realization = merged in Love = Divine Love	destruction of the false nonviolence pure and simple
6	Love for God = Pure Love	nonviolence of the brave
5	Love for the world = Transpersonal love	nonviolent violence = compassionate force
4	Love for Others = Human love	nonviolent violence = other defense
3	Love for Self = Self love	selfless violence = self defense
2	Love for self = selfish love = desire	selfish violence
1	Lack of love = fear	nonviolence of coward

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- 7 Survival instincts (fear for life) must be overcome
 - 6 Grief/depression at loss of assertive/aggressive ego must be overcome
 - 5 Obsessive pity and conspicuous compassion must be overcome
 - 4/5 Gossip and judging others as well as teaching or rescuing them must be overcome
 - 4 Addiction to others (or taking them over or living through them) must be overcome
 - 3 Constant battles (overactive defenses) or immobility from shock (overwhelmed defenses) must be overcome
 - 2 Anger from thwarted desires must be overcome
 - 1 Fear from identification with a body and lack of love must be overcome

These 7 levels can be seen as 6 stages of Love (UID stages) plus God Realization. Any stage (below 7) can fall, so ego grief can become obsessive self pity which can become a continuous negative judging of all others which can lead to constant battles with them (aggressiveness), leading to explosive/smoldering anger that can burn out and become paralyzing fear or a giving up (passiveness) that lands one directly in fearful inaction. Pride, pretending to be higher than you are or denying unfinished business at a lower stage, precipitates such falling.

Aside from the inertia of 1 and the low desires of 2, it is not about violence or nonviolence but about love. Each stage in a way overcomes the prior stage. To know love at all we must experience its relative lack in fear. Anger and selfish desire are held onto tightly and violently defended if there is still a lot of overcoming fear to do. It's a fear of fear response. And anger can be from a violation of the self (its boundaries, needs, desires for actualization) not just from the thwarted desires of an animal nature. Anger is anger and tends to (justified) violence. And desire is desire, lower or higher. So let us remember with the lofty ideas and high ideals of stages 4 and 5 (and even early 6) that these things are all a part of the triplicity of thinking that stems from desire of the false self, namely principles|ideals|ideas, that is present at every stage (1-6). Hence, the challenge of Violence on the path of Love. But ...

Love Can Make You:

- Unlearn all you have learned intellectually—(and) not remember the past, forget the present, and not think of the future.
- Renounce everything and everyone, including your own self.
- Escape from all that is illusory and take refuge in Reality.
- Burn all your desires and longings and kindle the one and only desire and longing—(for) union with the Divine Beloved.
- Become God, live God's life, (and) make others God unto yourself.

To be worthy of the Divine gift of this Love, let all your thoughts, words and deeds be controlled by the constant remembrance of God.

[Meher Baba on Love, K. K. Ramakrishnan, publisher, copyright Adi K. Irani, Meher Era Publications, Poona, India, 1978, p. 233, format changed, all words original.]