

## Stages and Phases for the Upper and Lower Triad Vehicles

### The Lower Triad

The stages for the Astral/Emotional vehicle were presented in [Integrated Healing for the Incarnating Soul](#) under the heading “The 6-Structure” and are repeated here in chart format. Here, stages of the 6-structure for the Mental/Intellectual and Vital/Physical vehicles are briefly outlined and the resonances of the functions in the lower 3-axis set are provided for all the Lower Triad vehicles. See [Functional Typology and the Triads](#) for the presentation of these functions. Note that in the derivation there of the Astral/Emotional vehicle functions, the six stages were used to generate the six axes (bottom to top for both) but here the six functions/poles of the lower three axes are being paired through resonance with the six stages, which is a deeper and more specific relationship. Indeed, the six stages to six axes and six stages to six functions (lower three axes) resonances can be applied to all three vehicles of the Lower Triad. Besides a column for keywords/phrases for stages, other columns are given to help define these stages. Except for Emotional development, these columns are not the other 6-structures.

### Stages for Intellectual Development

<b>Stage of Thinking (Belief)</b>	<b>Process</b>	<b>Confirmation</b>	<b>Field (of play)</b>	<b>Functions</b>
Unified	Universal and Holistic Application	Revelation and continuous applicability; holds all below together and works to create and dissolve as need be (satori)	Metaphysics	Volition
Relative	Situational (Contextual) Description	Appreciation and Functionality; fixes problems with all below and unlocks keys for particular problems	Philosophy	Objectivity
Abstract	Theory and Hypothesis Generation	Understandable and Probable; works as a guide; holds together all below and generates new possibilities	Theoretical Science	Imagination
Rational	Concrete Formula Making/Testing	Rational Proof and Reproducibility; Rules have Predictability	Experimental Science	Thinking Analysis
Narrative	Story Development	Believable and Accepted (buy in), and it makes sense of your world	Myth	Feeling Evaluation
Experiential	Observation Association	Perception (seeing is believing) and Repetition	Magic	Subjectivity

The stages of intellectual development can be seen in moral development as well, though there is no guarantee that the two occur together. Differentiation gives a relative separation with respect to development, but really speaking the mental and moral (the head and heart within the mind of the lower triad) can't be too far apart without adversely affecting each other (e.g., fallacies, foolishness and falseness in general).

<b>Thinking (Belief)</b>	<b>Process</b>	<b>Morality (Value)</b>	<b>Description</b>
Unified	Universal and Holistic Application	Implicit	All at this stage can find agreement though they get there differently; not unconscious or collusive, but conscious and collaborative with an enlightened transparency; needs some form and degree of spiritual development
Relative	Situational (Contextual) Description	Consensual	Freedom within bounds; your business and the group's business without having to justify it or get approval from others who don't have the background or interest/involvement to understand and/or care; needs grounding from below stages; emotional issues should be resolved or at least known and not allowed to lead
Abstract	Theory and Hypothesis Generation	Conscientious	Connotation, implication and the "spirit" of the law/agreement; goodwill; needs non-manipulative participants
Rational	Concrete Formula Making/Testing	Contractual	Autonomy and interpretation within the framework of societal laws; needs a non-corrupt system
Narrative	Story Development	Conventional	Rule-based; conditioned, even reflexive; reward and punishment
Experiential	Observation Association	Authoritative	Top-down; benevolent/abusive continuum (e.g., paternalistic, dictatorial, tyrannical); might makes right; consent to rule and be ruled

### Stages for Emotional Development

Stage	Need	Attitude	Ability	Functions
Responsibility (consolidation)	Appreciation (proper ideals)	Cheerfulness (happiness)	(have a sense of) Accomplishment	Openness
Self-Control (limit testing, reality testing)	Assistance (boundaries, mirroring)	Dependability (reasonableness)	(be) Independent	Tenacity
Practicing	Recognition (noticing)	Openness/Honesty (authenticity, taking risks)	(be) Creative Play	Absorption
Separation (exploration)	Reassurance (encouragement)	Patience (tolerance)	(be) Persistent	Determination
Preparation (bonding)	Nurturance	Empathy (balanced caring)	(be able to) Love (and be loved)	Empathy
Stabilization (survival)	Protection (safety)	Inner Strength (steadfastness)	(feel [core]) Security	Patience

### Stages for Physical Body Development

(e.g., musculoskeletal skills of all kinds; energetic abilities; figuring out how to eat, drink, sleep, be active, work, play and all else that pertains to living in a physical body)

Stages	Skills	Success	Functions
Mastery	Repetition and variation	Achieved and Demonstrated	Unflappability (Tight)
Environmental Interaction	Knowing limits, monitoring exposures, protection	Addressed and worked out	Agility (Reactive)
Potential Ability	Learning (learning how to learn)	Explored and Developed	Flexibility (Loose)
Regulatory	Adequate response and ability to equilibrate	Balanced and Controlled	Responsiveness (Fast Metabolism)
Metabolic	Meeting demands	Capable	Efficiency (Slow Metabolism)
Structural	Maintaining Boundaries and Tissue Integrity	Stable	Tolerance

## Resonance of Stages to Functions on Axes

In addition to the Stages and functions/poles of the lower three axis set, the Causal Triad vehicles can be listed in their resonances with all three axis sets. See [Functional Typology and the Triads](#).

Future Illumination	Stage 1	—————	Stage 5	Future Installation
Future Illumination	Stage 2	—————	Stage 3	Future Insight
Future Insight	Stage 4	—————	Stage 6	Future Installation

Of note with this resonance key is the process of return into the Causal Triad, which can be seen as taking the stages in reverse from 6 to 1 and moving from Installation to Insight to Illumination, the always important middle term of integration and transcendence coming last. Capitalization will be relaxed as we run through the Lower Triad vehicles.

Mental: Installation (Mahayogi resonance) takes up the unified and universal and can apply it with personal will aligned with the Divine Will to the relative and situational with complete objectivity. Insight (Sage resonance) can take all this and explain and apply it all in abstract theoretical and concrete experimental terms that take up the efforts and results of all prior thinking and imagining. Illumination (Saint resonance) then puts all this inside the only story worth knowing and telling, the Divine Theme of Creation for the Divine Purpose of Realization, and can provide experience so that all that was ever felt and subjectively known finds its way home.

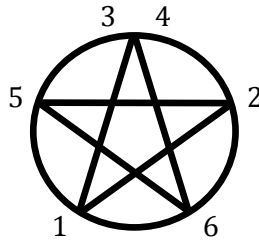
Emotional: Installation (Mahayogi resonance) is spiritual accomplishment with spiritual responsibility and represents consummate self-control. Insight (Sage resonance) can recognize all things and reassure anyone and is capable of the extremes of absorption and determination for spiritual reasons. Illumination (Saint resonance) radiates love and compassion and provides spiritual sustenance while demonstrating great inner strength and nearly limitless patience.

Physical: Installation (Mahayogi resonance) means mastery of self and environment achieved, demonstrated and used for the good of others. Insight (Sage resonance) is the developed ability to respond to and regulate all that needs such. Illumination (Saint resonance) is about the capable and efficient meeting of all spiritual demands at the deepest level and the stable sitting at God's threshold while tolerating all.

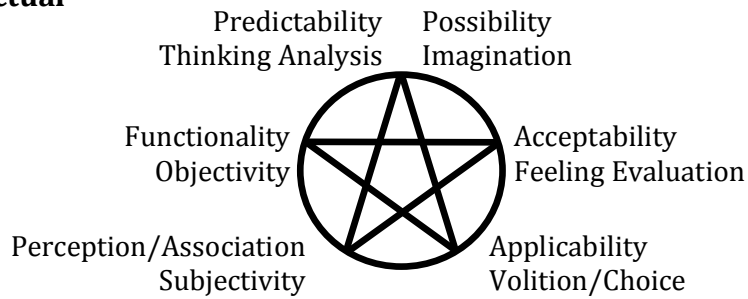
## 6-into-5 Conversion

The 5 phases listed here (doubled at the top to include the 6 stages) will make use of multiple terms from the tables of stages including the associated functions (listed last) but they will not use the names of the stages themselves. The 5 phases are about how the associated energies work in the world once they are developed and released (ideally once the 6 stages of development are more or less accomplished, but practically the 5-phases are trying to flow despite all sorts of issues and developmental sticking points). They are not hierarchical but rather feed into each other in a cycle.

## 6-into-5 Conversion Key



### Mental/Intellectual



### Astral/Emotional



### Vital/Physical



As just mentioned, the 6-into-5 conversion implies another order for the energies within the six stages. Besides the numerical order of the stages themselves and the reverse order of uptake, there is the generative cycle order (clockwise) of the way these energies “work in the world.” For this order, we will still start with stage 1 resonance and end (a cycle) with 6, but the order in between will be 5, 3, 4 and 2, which just means that the 2 and 5 have changed places. Note the 2 and the 5 have an internal resonance by being the middle of the first and second set of three in the numerical stage order, and the 1-3 and 4-6 lines of connection in the key are symmetrical about the 3-4 point of intersection (vertical axis), the 3-4 connection occurring in clockwise order and strengthening the bonding of the double points at the top. But the entire feel is different when dealing with the 5-structure.

**Mental:** When using the intellect to complete a task, work on a project or answer a question, for example, we start with perceptions and associations that are subjective—they are, after all, our perceptions and associations. The next step is bringing a functional objectivity to bear so we have a sense of what matters and what we are actually dealing with. This leads into thinking and analysis, which if successful provides us with a good-enough degree of reproducibility and predictability so we have some confidence in what we’re doing. Paired with this and immediately following, the imaginative faculty can brainstorm possible explanations and solutions, which can then feed back into thinking analysis (same phase) and cycle round and around until we are satisfied with our options. If we have no blocks in this mental cycle, it is natural to then look at what we’ve got with feeling evaluation to find morally and pragmatically acceptable alternatives. Finally, we make choices and take action and work out the details of applicability and utility. The results naturally feed into another cycle beginning with perception and association. And in truth at each phase all the phases were present with one foregrounded and the others, really all 5/6, working within it.

**Emotional:** The flow of emotional energy in working relationships (relationships that work between friends, family members, neighbors and colleagues, for example) starts with safety and security needs met so that both parties basically feel OK with each other and are willing to be patient from the start. This breeds and leads into wanting to help each other (assistance) and makes it feel good to do so, which after some repetition gives a sense of dependability that motivates one to want to hold onto the relationship (tenacity). Success at working or just being and sharing some of life together provides reassurance of/in the relationship and encourages greater patience and tolerance for differences, which stokes the determination to keep going with this relationship. The relationship now allows for authenticity and recognizing each other’s individuality. This makes it possible to have greater and more relaxed fun as well as be absorbed in the relationship and the work/play in which you are engaged. The natural result is the fostering of real empathy and love, which is the nurturance of the emotional self. Now it is natural to experience appreciation for each other and life and a general sense of openness to both as well as accomplishment in

work, happiness in play and a cheerful disposition, which is a good place to begin another pass through the phases for a different situation with the same or another person.

Physical: Physical functioning begins with a basic sense of stability, intact boundaries and tolerance for one's internal and external environment, and this applies to all levels and systems especially the structural, metabolic and regulatory (neuro-endocrine and inflammatory-immune) systems. From here you can venture forth with life, monitoring your exposures, learning/knowing your limits and developing some agility in response to different situations, each situation lending itself to one pass through the phases. Naturally this leads to responsiveness and the ability to control those responses and balance one's body systems. From this extended and experiential base, you can develop your underlying potential through various explorations and challenges that lead to learning and an expanded repertoire of what you can do and handle (flexibility) in this situation/pass as well as future ones. It is natural and often automatic to find more efficient ways of doing things physically, processing things metabolically and regulating things overall, and this means the capable and efficient meeting of demands. Through repetition and variation, you become accustomed to situations similar and related to the situations of this pass through the phases, and therefore you become in a certain sense unflappable, which provides the stability for the next go through.

As alluded to earlier, the stages and phases have an existence in the psyche (mind-energy-body) and there will be something holding the place even if development has not completed there. As an example, the unified stage of mental/intellectual development may be filled by a limiting belief consistent with one's core conclusions and compensations, and held in place by denial and other defenses. And the preceding relative stage may just be "relative to me" and my unbudging and unquestionable beliefs. This will make the situational flow through objectivity (relative stage resonance) anything but objective and quite *dysfunctional*. And when it comes to choice (unified stage resonance), it will be all but a predetermined bit of irrational self-fulfilling prophecy, and maybe there will be no buts, or ifs or ands.

## The Upper Triad

The Upper Triad Vehicles will be presented in their hierarchical order of unfolding (though they may come on line in a different order), which is parallel (inverted) to the order given for the Lower Triad, which is to say Spiritual Creativity (with Intellectual), Spiritual Intuition (with Emotional) and Spiritual Will (with Physical). Again there will be a column for keywords/phrases for the stages. Three other columns will be given, one for general explanation (which includes a worldly application), another for spiritual/Subtle connections and a last one to list the associated functions from the inner/lower set of axes as before. The spiritual/Subtle column refers to the direct impact and interaction with the Subtle sphere and/or the reflection of the Subtle in the sub-Subtle or “astral.” Strictly speaking, there is no such thing as a separate sub-Subtle or astral world. These terms refer to either the Gross contents of (sub)consciousness being experienced with the (beginning) senses of the Subtle body or the Subtle sphere itself impressing itself on (an extension of) the Gross sensory apparatus. And the three divisions of the one (sub-)Subtle “world” are more like three aspects of one world or even more so like three aspects of one instrument working through one body in one world, just as the intellectual/emotional/physical are for the material body in the Gross world of Gross karma. In this regard, the opportunity of Spiritual Creativity, the way of Spiritual Intuition and the work of Spiritual Will are like three aspects of your one (Subtle to sub-Subtle to Gross) dharma.

### Spiritual Creativity

Stage	General	Spiritual	Functions
Expressing	Exercising your way of living/doing, creative oeuvre as a unified expression	Living through the inner Occultist as an aspect of the Yogic Self in concert with your Outer Personality, the way you use Subtle energies	Original
Options	Openings and suggestions not just for creative pursuits but for life in general	Integrating and coming to terms with this aspect of your (Yogic) self and the Subtle world	Productive
Challenge	Advanced training, creative challenges, stretching	Your opportunity with respect to the Subtle sphere in relation to the Gross	Recombinant
Discipline	Training, projects, getting in a creative routine	Contact with your Subtle self (Creative division) as existence and interaction in this world	Discriminating
Playing	Muses	Contact with Subtle beings (Creative division)	Discerning
Encountering	Breaking the Ice	Contact with Subtle energies (Creative division)	Visionary



## Spiritual Intuition

<b>Stage</b>	<b>General</b>	<b>Spiritual</b>	<b>Functions</b>
Merging	Becoming one with your way of knowing/understanding	Living through the inner Mystic as an aspect of the Yogic Self in concert with your Inner Being, the way you use Subtle energies (Intuitive division)	Revealing
Maturing	Knowing thyself and thy world; finding one's place and one's limits as well as knowing what's being asked of you and when you can jump (take a leap of faith to go beyond former limits)	Integrating and coming to terms with this aspect of your (Yogic) self and the Subtle world	Recognition
Deepening	Take it deeper into yourself and your life; you have to ask (the intuition) and make the wait and do the work	Your way (through) with respect to the Subtle sphere in relation to the Gross	Confirming
Ownership	Make it your own (the intuition and the language or way of communicating)	Contact with your Subtle self (Intuitive division) as existence and interaction in this world	Understanding
Communication	Find/learn a language or languages or some way of communicating intuitively	Contact with Subtle beings (Intuitive division)	Feeling Shift
Reliability	From vague presentiments to hunches to flashes, finally to a (reliable) felt sense of knowing (when it comes)	Contact with Subtle energies (Intuitive division)	Removal

## Spiritual Will

Stage	General	Spiritual	Functions
Embody	Being yourself, your way of being/becoming (yourself)	Living through the inner Esotericist as an aspect of the Yogic Self in concert with your Higher Self, the way you use Subtle energies (Will division), embodying the Spiritual Will in all bodies of the Upper and Lower Triads	Change
Demonstrate	Demonstrating ability to adjust and fine tune	Integrating and coming to terms with this aspect of your (Yogic) self and the Subtle world	Focus Down
Invoke	Bringing it down	Your work with respect to the Subtle sphere in relation to the Gross	Endure
Enact	Working with it	Contact with your Subtle self (Will division) as existence and interaction in this world	Instruction
Embrace	Allowing to taking it in to embracing	Contact with Subtle beings (Will division)	Explanation
Accept	Noticing to submitting to accepting	Contact with Subtle energies (Will division)	Open Up

## Resonances of Upper Triad Stages and Causal Triad

We will use the same resonance key as with the Lower Triad for the stages and functions and as before relate them to the three vehicles of the Causal Triad and their associated Egoic Matrix identities in a path of reuptake and return concerned primarily with serving God in others.

**Spiritual Creativity:** Installation (Mahayogi resonance) allows you to be productive in conscious cooperation with God's Plan, which includes and actually necessitates your coming from your original self (divinized human nature) and expressing that self through what appears to others to be options in the Plan but feels to you like the freedom of being one with God's Will/Plan through your divinized human nature. **Insight** (Sage resonance) lets you see the challenges remaining in life (especially the challenges others who are in contact with you still face and the challenge of dealing with that/them) and then use the discipline at your disposal to meet these challenges through reorganizing the energies involved and discriminating choice. **Illumination** (Saint resonance) finishes off this set through discerning timing and a vision of the Real Goal; it unveils the nature of God's Divine Lila (play) with one and all and allows an encounter with God's presence, which radiates from you and helps all according to their receptivity.

**Spiritual Intuition:** Installation (Mahayogi resonance) is about revealing God's Plan and merging your identity with it (through your divinized human

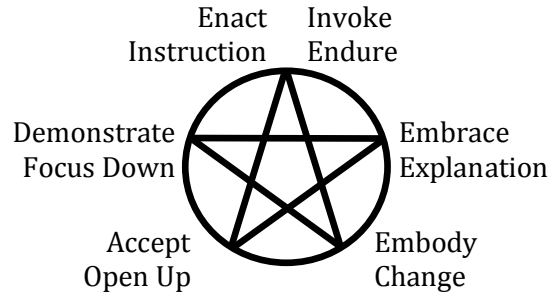
nature) and then recognizing your role in this Plan in a mature fashion with no doubt or anxiety remaining so that you can also recognize where others are and act accordingly (according to the intuitive guidance in the Plan). Insight (Sage resonance) deepens your connection with others and the worlds they inhabit and confirms your role as you take ownership of that role and provide understanding to one and all to help them become who they really are without your having to know what that is or control it in any way. Illumination (Saint resonance) gives you the ability to communicate with others (most especially in silence) and provide the environment for the feeling shift they only have felt in intuitive moments with themselves if at all, and it gives you this ability reliably along with the ability to have your presence and interaction automatically remove blockages (in the path) to experiencing the presence of God, which makes all the difference in someone's world/life.

Spiritual Will: Installation (Mahayogi resonance) has let you (made you) embody the Bodhisattvic Being as the divinizing transmutation (change) of your Yogic Self and Incarnating Soul, and you demonstrate this daily while you focus down (perhaps silently, perhaps at a distance) to put others in direct touch with themselves, which moves them along. Insight (Sage resonance) gives you the endurance to take the pains of bringing down the divine and the difficulties of working with it for the instruction and benefit of others. Illumination (Saint resonance) brings all explanations to an end with a compassionate embrace that accepts others just as they are, which opens up their heart to God.

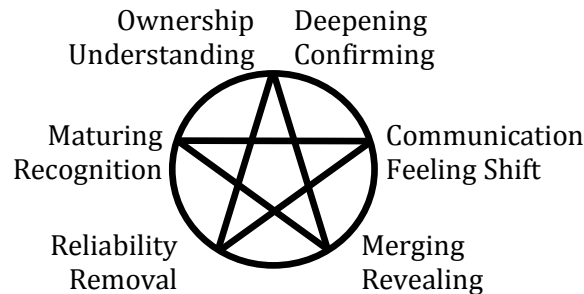
## The 6-into-5 conversions for the Upper Triad

For 6-into-5 conversions, we will return to the usual Upper Triad order.

### Spiritual Will



### Spiritual Intuition



### Spiritual Creativity



Spiritual Will: When the Spiritual Will is developed, it functions through the phases situationally like all the vehicles of the Upper and Lower Triads. There is an initial sense of acceptance that moves straight away to demonstration, an opening up followed by a focusing down. Then there is the acting on (or enacting) of any instructions received and the invoking (of what feels beyond your current consciousness) as well as the evoking (of what is within your grasp) with the enduring of all that is necessary to complete your task. When it comes, you are ready to embrace the explanation provided and move to embody the change that results from all exercises of the Spiritual Will, which leaves you ready to open up anew.

Spiritual Intuition: The functioning Spiritual Intuition has proven its reliability and begins a new cycle with the removal of an obstacle in your path or some part of the veil. If/when you are mature enough this leads to (sometimes immediate) recognition of what is real and true and perhaps what you have to do. Taking ownership of your part, your karma and dharma, brings spiritual understanding and a deeper appreciation of self, other and God, as well as a confirmation of who you are and are not and what you need to do or not do. This causes a shift in feeling, again with respect to self, other and God, and opens up new lines and ways of communicating with all of these. The communication resolves differences that separate or exclude—the intuition ever being about bringing together—and the results of this revealing bring a sense of oneness (merger) with God and the God in all as you move yet another step closer to God, ready and willing for the next round of removal.

Spiritual Creativity: The Spiritually Creative cycle begins with a vision or some sort of contact (encounter) with the creative energies that have been stirred. Soon the suggestions, opportunities and options come pouring in and you can begin to be productive. Discipline and discrimination are quickly required to keep up with the deluge and keep from going under or getting side-tracked. The challenge is to fit all the pieces together (recombinant because you are now familiar with all the pieces and their prior places) and make them into a coherent whole without making it a forced fit or having the process turn into the working of a mindless and mechanical puzzle, which means and leads you to play and the discernment of taste. The exercise of these latter energies/qualities helps you to find and express your own, original true self (coming from your someday-to-be divinized human nature), which is ever ready to again stir and be stirred creatively in the cause of God and God Realization.