

NUMEROLOGY

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

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Write your full birth name in one row above and the corresponding numbers in the other row.

Personality Number (add up all the consonant numbers) = _____
 How others see you. (Y is a vowel when it's the only vowel sound in a syllable.)

Soul Number (add up all the vowel numbers) = _____
 Your heart's desire and inner (emotional) motivation.

Destiny Number (add the above two, or all the letter numbers) = _____
 The purpose and direction of your life, your calling/mission.

Life Path Number (add up the numbers of your birth date, month + day + year) = _____

 The path to follow so your natural gifts/talents can fulfill your Destiny and lead to your Maturity.

Maturity/Power Number (add the Destiny and Life Path numbers) = _____

 The complete and true *you*, integrating and harmonizing all your personal *numbers*.

Reduce the above five core numbers by adding together the digits of all numbers larger than 9, which may need to be done repeatedly. (For example: 1999 = 1+9+9+9 = 28 = 2+8 = 10 = 1+0 = 1)
 Do this by writing down all the intermediate numbers because you will be looking later for hidden numbers of significance. This is especially important for the Maturity/Power Number, where you will need to start out with the unreduced Destiny and Life Path Numbers.

Karmic Lessons (list the number(s), if any, missing from the letters of your name) _____
 Karmic Lesson numbers reveal the need/necessity to deal with, learn, and eventually master the energy of any number or numbers missing from the letters of your complete birth name.

Pinnacles and Challenges

Pinnacles reveal what you need to live up to and are your potential for achievement; Challenges reveal what you must face and are your potential blocks/difficulties to achieving your Pinnacles. The first Challenge applies to the first Pinnacle and so forth. The first Pinnacle/Challenge stage lasts from birth until 36 minus your reduced Life Path Number; the second and third stages are each 9 years long; and the fourth stage begins at the end of the third stage and lasts the remainder of one's life. (Change negative Challenge numbers to positives.)

- | | |
|---|--|
| First Pinnacle: birth month + birth day = | First Challenge: birth month – birth day = |
| Second Pinnacle: birth day + birth year = | Second Challenge: birth day – birth year = |
| Third Pinnacle: First + Second Pinnacles = | Third Challenge: First – Second Challenge = |
| Fourth Pinnacle: birth month + birth year = | Fourth Challenge: birth month – birth year = |

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Number	Purpose	Key Words/Qualities	Pos/Neg Expressions
1	Spirit/Essence Synthesis/Unity Beginning/Originating Right use of Will/Power	Yang, leadership, will, courage, independence, force, drive, motivation, inspiration, urge to grow	Strong vs. aggressive/dominant Independent vs. defiant Initiating vs. impatient
2	Soul/Relationship Unification of Duality Connecting Right use of Attraction and Relation	Yin, gentle, sensitive, receptive, cooperative, peace, patience, poise, support, persuasion, attraction, understanding	Perceptive vs. blaming Receptive vs. passive Supportive vs. (co)dependent
3	Form/Appearance Manipulation/Diversification Creating/Expressing Right Creative Intelligence	Enthusiastic, exuberant, intelligent, communication, externalization, humor, sociability	Imaginative vs. exaggerating Playful vs. childish Brilliant vs. impractical
4	Materialization Solidity/Stability Building Right Effort and Form Building	Practical, firm, faithful, calm, conservative, cautious discipline, law, order and organization, security, dedication, determination, efficiency, grounding	Stable vs. stubborn Calm vs. slow Enduring vs. boring/joyless Industrious vs. suppressive
5	Adaptation Transition (Midpoint 1 – 9) Changing Right Movement and Stimulation	Versatile, resourceful, progressive, speculative, sensual, vital, extreme, freedom, adventure, action, chance, risk, curiosity	Energetic vs. impulsive/lustful Open vs. unbounded/unstable Talented vs. conceited
6	Balance/Harmony Service Nurturing Right Expression, Communication, and Companionship	Giving, caring, comforting, loyal, community, duty, responsibility, sympathy, support, justice, compassion, companionship, creative communication and expression as $3 \times 2 = 6$	Honest vs. unforgiving Generous vs. enabling Loving vs. interfering Moral vs. argumentative
7	Spiritual Perfecting Reflection/Intuition Reevaluating Right (Spiritual) Seeking and Experimentation	Mystical, philosophical, analytical, skeptical, inventive, intuitive, observant, meditative, contemplative, discerning, eccentric, spiritual and scientific, insight, solitude	Refined vs. perfectionist Discerning vs. critical Quiet vs. aloof/reclusive Wise vs. cold/uncaring
8	Spiritual/Material Duality Responsibility and Power Expanding Right (Business) Enterprise and Manifestation	Capable, power, vision, recognition, ambition, achievement, strength, authority, integrity, nobility, production and practicality as $4 \times 2 = 8$	Prepared vs. prejudiced Competent vs. dominant Excellence vs. jealousy Successful vs. unscrupulous
9	Full Fusion Conscious Forgiveness Completing Right Integration, Inclusivity, and Completion	Selfless, inclusive, tolerant, benevolence, brotherhood, idealism, release, redeem, return, heal, liberate, joy of giving and letting others give, transformation	Humanitarian vs. martyr Universal vs. ungrounded Uses love vs. uses guilt

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KARMIC DEBT NUMBERS

Look for them in any of the five core numbers, Pinnacle and Challenge numbers, or the Major Cycle and Personal Year/Month/Day (and Age) numbers to follow. When found in the five core numbers, they imply past life issues to be resolved/redressed. The 1 in the numbers signifies selfish misuse/abuse of the qualities of the number that follows, and the reduced number implies what needs to be developed and also may have been abused. Look out for the negative traits of the reduced number. When not applying to your core numbers, these karmic numbers are general issues or temptations to deal with, and may even be considered part of group or collective karma. We all must do our share.

Karmic Number	Key Issues	Purpose/Goal
10	Karmic completion and new growth, no past debt, a fresh start, the unknown with potential for good	Look to complete the karma created in the current lifetime in this lifetime.
13/4	Creativity and joyfulness turned into frivolity and superficiality; abuse of creative expression and work.	Develop discipline and seriousness; avoid laziness and gossip. Hang in there and do the hard work and don't try the short cuts that will surely be there to tempt you.
14/5	Discipline, hard work and accountability turned into indulgence, rebelliousness and escapism; abuse of work and freedom.	Practice moderation and temperance, using flexibility and adaptability to meet your struggle with commitment in the face of constant change. Beware of risk taking and sensual pursuits becoming addictions.
16/7	Love and commitment forsaken for self-centeredness; abuse of love.	Seek to link the personal with the universal and practice self-forgetting spiritual service to whatever is before you to do; do not use intellect and intuition to look down on others; learn humility and honor the spiritual nature of all things in order to overcome the probable recurrent rises and falls (and alienation) in this lifetime.
19/1	Spiritual knowledge and power used for personal gain; abuse of power.	Be prepared to stand up for yourself repeatedly and even stand alone on the side of good; be caring and considerate of others and avoid using status or favors to satisfy personal desires. Beware the tendency to stubbornly resist help genuinely offered and needed.

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MASTER NUMBERS

Look for them as you would karmic debt numbers. Master numbers reveal special potentials and attendant responsibilities, which you may or may not grow into or be able to use all the time, choosing then to revert to the reduced number. In general, master numbers provide high sensitivity to spiritual intuition and guidance, and they demand personal tests, high ideals, balance (physical, emotional, and mental), self-mastery and service to humanity. Additional tension with master numbers comes from the interaction between the double (and therefore enhanced) vibration of the repeated number and the different vibration of the reduced number. If the higher energy of the master number is misused, self-destruction is the outcome. In addition, consider higher master numbers as multiples and combinations of lower master numbers (e.g. $55/1 = 11/2 \times 5 = 11/2 + 44/8 = 22/4 + 33/6$ etc.), and note the occasional karmic numbers.

Number	Name	Keywords	Difficulties
11/2	Master of Illumination Spiritual Messenger LIGHT = 11/2	Intuitive, inspirational, intense ideals, visionary leader, revealer; spiritual and truth seeker, finder and teacher; must teach and relate from own experience	Oversensitivity, getting lost on/in the journey, not living your truth, lack of integrity, insecurity, fears and extreme emotional vacillations
22/4	Master Builder WORK = 22/4	Sees the big picture, the details and the principles needed for execution; practical idealism; master organizer and planner, BIG projects for greater good	Overwhelmed with too many obstacles, workaholic, grandiosity, needs but fails to achieve ultra-specialization
33/6	Master of Healing Love	Altruism, empathy, working with humility, open heart, sacrifice, unconditional love, making spiritual love and wisdom work in a material world	Overburdened, overemotional, despair, inappropriate sacrifice, losing higher goals in immediate “problems” and “needs”
44/8	Master of Material and Spiritual Power	Material abundance comes naturally and needs to be put to spiritual use	Must develop self-control and perseverance while organizing time and talents
55/1 (10/1)	Master of New Thought Forms	Mission to expand spiritual consciousness and abilities, including the proper use of psychic powers	Tests and trials of non-conformity
66/3	Master of Cosmic Love	Must become a channel for teaching and transformation, and evolutionary love	Suffering and sacrifice overdone
77/5 (14/5)	Master of Spiritual Energies	Mission to spiritualize the material world and materialize the spiritual into the world	Must achieve inner wisdom and through personal application transmute it into universal love
88/7 (16/7)	Master of Material Reform	Must take the power and authority to reform the material world and align it with the meaning of spiritual worlds and divine will	Must have and challenge others to a new awakening with a new direction of interest and effort
99/9	Master of Universal Compassion	Must assume burdens of humanity and sacrifice the self to release the most potent healing forces	Must develop purity of all vehicles and endure the crucifixion of the self to lead a transformation of humanity

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Number	Personality	Soul (Heart's Desire)
1	Confident, creative, courageous, comfortable in a crowd, forceful, independent, active, energetic, assertive, competitive. Be myself.	Need to lead/control, must individualize and claim personal power, would rather work alone than suffer fools; expect charm, cleverness, independence in others and in self; begin. Express my highest qualities.
2	Cooperative, quiet, careful, pleasing, peaceful, diplomatic, modest, intimate, supportive, nurturing, reliable, appreciative of beauty. Be receptive to others.	Harmony/peace at all costs, see both sides, negotiate/facilitate, inclusivity and warmth, can speak truth w/o hurting; gather. Create relationships that benefit the most people.
3	Friendly, animated, sociable, entertaining, inquisitive, interested and interesting, optimistic, witty, good sense of humor. Be communicative.	Fun-loving enthusiasm, learning and sharing, make others happy, encourage others to reach for their best; design. Circulate information that enlightens and uplifts.
4	Solid, sober, sensible, honest, reliable, responsible, reserved, cautious, conservative, materially minded, industrious. Be practical and dependable.	Have a plan, expectations, boundaries; self-discipline, efficient execution, contribution; organize and plan. Create a social structure to sustain society.
5	Outgoing, attractive, fashionable, sensual, progressive, in the moment, free spirit, travel, experience, education and personal expansion, networker. Be free to express myself in new ways.	Be free from restriction, need for change and travel, ruled by (sex) drive, imagine and explore, develop new talents and latent abilities; market and sell. Create new experiences that expand consciousness.
6	Gracious, reliable, sympathetic, helpful, actively creative, perfectionist, strong aesthetics, fairness and refinement, harmony, peace, nurturer/protector, maternal/paternal, advisor. Be creative (and caring) in all I do.	Need to protect, nurture and love family, home and all things showing harmony and beauty; create comfort and security; help. Express beauty and harmony to benefit humanity.
7	Perceptive, penetrating, intuitive, intelligent, introspective, refined, eccentric, private, mystical, philosophical. Increase consciousness mentally and philosophically.	Lure and love of silence, solitude, and peace; secrecy; mental development; mystical and philosophical pursuits; analyze and evaluate. Research and bring forth new ideas and greater understanding.
8	Powerful, influential, independent, ambitious, organized, confident, competent, assertive, visionary, traditional, appreciate quality. Create productivity.	Be important, stick to business; balance physical and spiritual natures; be the boss and assure execution. Create economic opportunities to benefit all of humanity.
9	Generous, tolerant (except for injustice), kind, caring, compassionate and wise, vibrant, sensitive (intuitive) and idealistic, problem solver. Be helpful and giving.	Love the world and all that's in it; strive for universal perfection and love; widen the mind and open the heart; finish and give away. Help and serve humanity.
11/2	Inspirational, innovative, original, intense, super sensitive and intuitive, visionary, genius, drawn to psychology and the occult. Be aware of the spiritual center in all things, and show it.	Bring peace to all relations and situations; lead in desire for harmony; add spiritual quality and other dimensions to life; experience deeply; improve. Create ways of communicating that unite humanity.
22/4	Purposeful, determined, sincere, magnetic and charismatic, practical creativity, planner, builder, superhuman competence/ability and productivity. Be influential and get the right things done.	Build something tangible that will benefit humanity and live on past your life; fulfill collective spiritual purpose; make a monument. Aid the evolutionary process of humanity.

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Number	Destiny	Life Path
1	Develop self and become a leader; must be individual, innovative, courageous and take charge; dynamism, motivation, instigation.	Independence, leadership, pioneering effort. Individual assertion and recognition; continual conquering.
2	Find balance, seek cooperation, develop your sense of relationship and create harmony; must be gentle, adaptable, AND persuasive; others feel safe around you.	Cooperation, compromise, patience, peacekeeping, drawing others together, relating. Connecting in relationships; recognizing cause and effect.
3	Use your optimism, enthusiasm and creativity to encourage, energize, and inspire others; must express emotions with words; make people think and laugh.	Creative imagination, enthusiastic expression, optimism, inspiring others. Patterns of information for ideas; circulating ideas/information.
4	Be practical, do the hard work and keep everything organized to make something of lasting value; must be steadfast, stable and express traditional values; a grounding force.	Hard work, loyalty, reliability, building for the long term, security. Practicality in existing social structures; practical, stabilizing involvement.
5	Embrace freedom, follow your curiosity and use all your resources to adapt, change and progress; must move forward and express resourcefulness; be and have fun.	Opportunity, movement, change, championing freedom with enlightened networking. Searching out and exploring new experiences; making a difference.
6	Use love of beauty and community to create harmony in all around you; must give, nurture, serve; dependable, diplomatic, balanced and artistic.	Responsibility, service, aid, counseling, helping while teaching, balanced giving and receiving. The art of living; creating a masterpiece of balance and beauty.
7	Dig deeply, analyze and contemplate everything to find/express inner wisdom; must observe keenly and discern; fount of wisdom and peace.	Explore mysteries, seek meaning, specialize, study, analyze, test, share wisdom with others. Research/discovery and development.
8	Use business and organizational skills to achieve and succeed; must discover own power, master self and express authenticity; practical insight and personal power.	Know the difference between money and value, proper use of natural power and authority, being in charge. Business and material production; abundance and prosperity.
9	Use sensitivity, selflessness and healing to love unconditionally and perfect a universal fellowship; must be tolerant, forgiving and learn to transform; profound sharing.	Compassion, tolerance, importance of caring and the interconnectedness of all things, healing at any and all levels. Service and helping others; social awareness.
11/2	Use creative and intuitive skills to inform and elevate, inspire and uplift; must accept your destiny, express teaching ability and rise to the challenge of inspired leadership; clarity of intuition and sense of will/power.	Accessibility, meaningful relationships, being true to universal principles, inspirational and illuminating leadership. Defining and serving the needs of the group/community; collective well-being.
22/4	Build the dream and execute the plans that will benefit humanity; must express efficiency and competence and never give up; politically astute and globally aware.	Manifest with higher purpose; plan, promote, organize, deliver; practical idealism, building the dream; success through cooperation and service to humanity. The needs of the whole; national/international creator of culture.
33/6	Serve with a loving heart and teach the higher consciousness of love; must represent joy, light, creativity and love.	Altruism, selfless service, nurturing the spirit, champion humanitarianism and spirituality. Collective life of love.

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Number	Maturity
1	Taking over what needs to be done and getting it done; single-minded focus; be sure to have a plan; temper the tendency to be domineering; go where originality and dynamism are needed
2	Naturally attract others who will want to support you; don't ignore artistic side; guard against self-consciousness and picking up on the opinions and criticisms of others; go where diplomacy is needed and cooperation is key; and ensure harmony by expressing the beauty, tenderness, sincerity, and spirituality of your nature
3	Naturally sensitive and expressive with a vibrant imagination and artistic bent, all of which must be used; continue to amuse, thrill and inspire others and (increasingly) spread the joy of life; friendship is natural and necessary
4	Organize and manage to create/allow opportunity; avoid micromanagement and self-righteousness; staying strongly bound to principles and with persistence, expect to build something of lasting value
5	Forever young, traveling and taking risks; making the work with others fun and exciting for everyone; be sure to channel energies into worthwhile activities; having learned to get everything from each experience BEFORE moving on, be an example of the value of well-timed change and new opportunity
6	Contentment and harmony are to be sought and expressed so that you and your home are a haven; live out of developed devotion and the continued need to serve; beware of giving too much, clinging to (outmoded) ideals and zealotry; keep to a strong sense of fairness, goodness and family values
7	Moving even farther interior for philosophical and spiritual pursuits; if left to your own devices, you will find what you are seeking; frivolity seems a waste of time, seeking is what it's all about; having learned (and accepted) that other people are different, you can share your treasures without undue concern; others seek you out for your wisdom
8	Natural and developed strength to achieve balance between the material and spiritual; self-reliance and being in charge; can differentiate and connect facts and feelings; can use ability to see things clearly to help others see too; must serve the greater good
9	Let go of attachments to outcome and trying to be all things to all people; having learned to let go of the self in order to serve others, now let go of loving people in order to love humanity
11/2	Intensity and sensitivity may cause nervous or immune problems, therefore the need for continuous cleansing and repeated rest; need select relationships with those of similar sensitivity and sensibility; become an inspiring peacemaker
22/4	Very successful, having encountered and overcome many obstacles/tests; manager and leader always with a goal/mission; firm rooting in universal/spiritual principles and management know-how; consider this energy as 11/2 x 2 and 4, with stability and security foremost priorities
33/6	Long years of responsibility and service moving to the nurturing and expressing of affection, joy, and love; abundant creative energy and heart-felt caring combine for great healing potential; sought after for friendship, caring, and the healing energy of your love; will learn how to use and protect your heart energy so you can be most effective; when fully flowered, when it feels right, it will be right on all levels

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AGE	PINNACLE	CHALLENGE
	First =	First =
	Second =	Second =
	Third =	Third =
	Fourth =	Fourth =

Number	Pinnacles	Challenges
0		Contains all or none of the other challenges; full free will and the right of choice, which must be exercised responsibly
1	Striving for independence, self-reliance, and individuality; all significant people and circumstances are teachers; if 3 rd or 4 th Pinnacle, being groomed for leadership	Learn to stand up for yourself, be true to your beliefs and not compromise your values; finding the courage to lead
2	Learn to have harmonious relationships without sacrificing yourself; perfecting details	Become sensitive to the feelings and needs of others without suppressing your own; constant vigilance to stay balanced
3	Creative career/expression, saying what's in your heart; joy and happiness; need some discipline so energy not scattered	Identify feelings, speak from the heart; overcome hiding behind humor or criticism; be creative and positive
4	Build solid, stable foundations with hard work, patience and endurance; recognize limitations, apply discipline and order	Learn the value of discipline, organization, practicality and thrift; learn how to work within limitations
5	Change and uncertainty loosen up restricted patterns; learn to be adaptable and forward thinking	Learn to free yourself from limiting behaviors and constricted creativity AND don't overindulge or quit too early
6	Time for love, duty and family; caring for others; learning to love yourself; responsibility and limits; honoring your heart	Learn to serve and balance self/others; don't give for the wrong reasons; don't overdo idealism
7	Introspection, self-development, research and specialization; urge/need to withdraw; brings wisdom	Meditation, contemplation and spiritual awakening; uncover and deal with serious repressions; discriminate real from unreal
8	Find personal power and deal with authority; become your own authority; demonstrate strength, courage, business savvy and financial management	Look beyond money to meaning and moral motives; misuse of power and false claims bring trouble; stop giving away your power and properly empower others
9	Release that which provides no further growth; emotional maturation; develop compassion and yield to the universal; give with no desire of return	
11/2	High point of intuition and sensitivity; radical change in consciousness; possible sudden notoriety	Step up to the leadership of the 11 using spiritual principles and deal with all the relationship lessons of the 2
22/4	Given a chance to build something of lasting value to the world	Tests of vision, endurance, and productivity, including balancing the tendency to overwork
33/6		Healing oneself and others using spiritual principles; teach love and understand the responsibility of love

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MAJOR CYCLES

First Cycle Number = Formative Cycle = birth month = _____

Second Cycle Number = Productive Cycle = day of birth = _____

Third Cycle Number = Harvest Cycle = birth year = _____

Major Cycles and age they begin		
Life Path Number	Second Cycle	Third Cycle
1	27	54
2	26	53
3	34	61
4	33	60
5	32	59
6	31	58
7	30	57
8	29	56
9	28	55

Number	Major Cycle Meaning
1	Active, gaining independence, building self-confidence, deal with leadership and loneliness, maintain independence and increase integrity
2	Slow, patient development, cooperate with others, be part of the team, relationships and partnerships, gentleness and tact, seeking out beautiful and harmonious environments
3	Joyful, creative self expression (esp. writing) brings reward, focus and discipline required to harness the considerable creative energy
4	Putting things in order, set boundaries, build foundations, maintain health and motivation, financial planning, stability and security
5	Rapid progress and change, new opportunity, free from burdens and restrictions, learn the lessons of freedom
6	Commitment and responsibility, marriage, business, career, new self-expression, the power and problems of responsibility
7	Investigation and understanding, reflection, contemplation, specialization, the inner life, sharing gains through conversation, counseling, teaching, or writing
8	Success and recognition, planning, organization, management, authority, financial reward, learn about power, money and success in the (business) world
9	Selfless service, humanitarian work, always an element of sacrifice, letting go, forgiveness, surrendering to the mystery in order to connect with spiritual energy
11/2	Illumination, growth and understanding of higher ideals, inspiration, self-improvement, hard-won revelations through deep personal transformation, must work on self to help others, must find courage and strength to penetrate into universal principles and bring spiritual interconnectedness to others
22/4	Enormous potential, establishing lasting institutions or teachings, peak abilities as a visionary builder/organizer, must play an all-consuming role, leaving a legacy

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PERSONAL and SUCCESS YEARS

Personal Years run in 9 year cycles through the numbers 1-9, in succession. They begin on your birthday. For the number of any given Personal Year, you take your birth day and month and add them to the year of your LAST birthday (the CURRENT year or LAST year), then reduce. (Do look for karmic and master numbers). A Success Year is when your Personal Year corresponds to your Life Path. Also for every year, consider the vibration of your Age Number, how old you are in years (see general number tables).

Number	Personal Year	Success Year
1	New beginnings, take on something new, focus on and apply yourself, develop sense of self and build integrity	Self-awareness pays off; assert your special talents; clarity, purpose, determination; increased self-confidence and personal power
2	Cooperation, sensitivity, take it slowly, time to regroup and balance relationships	Profound connection with others, greater honesty, meet or deepen soul mate relation
3	Creative expression, communication skills, say your truth, speak from the heart	Greater ability to communicate on a higher level and reach other people
4	Perseverance, production, taking stock, budgeting, practical skills, put down roots, uproot problems, put ideas into form	Solidification and gain, assume greater responsibility, opportunities to prove yourself, a show of efficiency
5	Unpredictability, change, transition, take risk, get unstuck, follow your nose	Conscious direction of exploration, seeking experience for focused growth
6	Tend to domestic affairs, nurture others, balance self/others, release what's inside, artistic creation and harmonization	Harmony, serenity; a source of comfort to others; artistic/spiritual inspiration to express beauty and balance
7	Rest, reflection, rejuvenation, inner pursuits, inner guidance, spiritual quests	Inventions see their potential, advances in metaphysical or scientific pursuits
8	Achievement, recognition, respect, business, administration, management, authority issues, produce something	Investments pay off, the best opportunities uncovered, career advancement/peak, material reward
9	Forgiveness, release, completion, harvest of 9 year cycle, healing, dreaming, transformation	Spiritual awakening, life comes together, make sense of your/the world, move forward

PERSONAL MONTHS and DAYS

The Personal Month = Personal Year + number of the month

The Personal Day = Personal Month + number of the day

The major influence is the Major Cycle Number focused by the Pinnacle and Challenge Numbers, the Personal Month and Personal Day being minor and mini influences within them.

Number	Personal Month	Personal Day
1	Sow seeds, do it yourself	Begin, be independent
2	Cooperate, be patient, seek help of others	Be patient, attend to details
3	Have fun, let the feelings flow	Be creative and communicate
4	Work hard, attend to tasks	Get organized, attend to your health
5	Make a change, spice it up, sell yourself	Shake things up, network and promote
6	Nurture, be responsible, sweeten it up	Pay attention to home and family
7	Take a break, find solitude, go on a retreat	Rest and re-evaluate
8	Take charge, get down to business	Take the lead, handle the finances
9	End it and accept rewards, tie up loose ends	Clean out, let go, heal, and finish it